

Ipet's Ally Q and A 01/18/2021

Hey! I'm Dr. Ruth Roberts, your pet's ally. I hope you all are having a fantastic day. Jamie, I think you're probably not having such a great day and I'm kind of wondering if the audio was doing weird things again, but there you go.

So, let's pop over to the group and let me do this. I'll kind of answer the easy questions first. Mae had some consults with me, and Spirit unfortunately had more seizures and the second and third were 6 and 7 weeks late after each other. Mae, I'm not sure if he had a seizure 6 weeks later and then 7 weeks later, had a third seizure. If that's the case, that's not unreasonable and in fact we don't recommend using any anti – seizure medication other than perhaps, CBD at this point.

We've kind of talked back and forth and unfortunately, Mae's veterinarian said it would be somewhere in the neighborhood of 500 bucks to get a thyroid panel tested as well as creatinine. If finances are a concern, what I would do is just do a quick creatinine and phosphorus check and just make sure that really creatinine is staying the same if not, then this is when I would look at other things. If the seizures are happening more frequently though, then this is when it really does make sense to make sure that thyroid function is normal because that can certainly be a cause for seizure out of the blue.

Bettina's asking if you can give *milk thistle* with regular food? Absolutely. Just make it easy, so just throw it in there. There're a few supplements like *Denamarin* that you're supposed to not give with the food. So, Mae and Bettina, just put it all in with the food to make it easy for yourselves.

Now, down to poor Willie. Jamie's says that she's certainly not in the best state but hanging out okay. It's down to *Histiocytic Sarcoma* or *lymphoma* and neither one of these are good. *Histiocytic Sarcoma* is kind of worse. There's a couple of different things you can try. Turmeric is a good option too. What I would suggest doing, Jammie, is talk with your integrative oncologist and see what options they are suggesting. If you had no other options, here is what I would tell you when you had come into my office; we talked about going to Keto diet and I think that's important to help make it so that we're feeding Willie and not the cancer, and then the second

goal is going to be to reduce the inflammation as much as possible which you have been working on diligently but unfortunately, not getting great results. If you're not using curcumin, I would try it. **Golden Paste** is a good way to get in a relatively high dose because it's mixed with coconut oil and some black pepper which often helps tremendously too.

Now, as far as the actual cancer itself, there's a couple of options and it just sort of depends on what this is, and if your integrative oncologist can offer you some other options. And if it's **lymphoma**; there's actually a new drug out but I suspect that it would not be really eligible. It's based more on working at the genetic level to kind of get the cancer under control. The other thing would be something called **metronomic chemotherapy** and what that is, is using a relatively low dose every day and the drugs involved generally include **prednisone** which I think he may or may not be on and then **cyclophosphamide**. I had been able to get dogs with **lymphoma** out 18 to 24 months using this and CrockPet diet and a couple of other bits and pieces and this is where you've got to really sort of choose what's best for Willie as far as supplements goes because there's a huge long list everybody can give you. I think you need to figure out if this one has to really earn its place into Willie's diet. The other thing would also be CBD, if you're not using that already. Lastly, the THC. There were a series of lectures I watched and I think I've said this on a couple of different broadcasts, that DR. Trina Hazzah is an integrative oncologist in L.A. You would want to start at something like a half a milligram of THC and kind of gradually work things up as you needed.

For Mona, truly, it was night and day. She felt so much better and things were really great and then it sort of stopped having an effect but CBD seems to be doing as well for her as anything else, so Mona is sort of hanging in there and doing very less and less every day, but she's in a different place too. I mean, she is 16 and a half and basically all she's doing at this point is eating and sleeping. So, eating is sort of the highlight of her day but for Willie, I think a combination of those concepts would be worthwhile.

The other big plus about **cyclophosphamide** in particular, a **metronomic chemotherapy** is that it has a very few side effects and the main ones are going to be a decreased white blood cell count. I will tell you that in say a hundred patient, I saw them in probably one, and the follow – up testing is relatively small and all it is, is doing a CBC to make sure that the white cell count is staying where it should be after two months and then I would repeat that again in 6 weeks and then

we just kind of adopted the dosing based on what's going on and the frequency more than anything else. It's also, or at least it was, 5 or 6 years ago, it was a fairly inexpensive medication versus *chlorambucil* which had gotten hideously expensive more reasons.

The one other potential side – effect is that it can cause *hemorrhagic cystitis* which can be absolutely horrifying when your dog is peeing blood but often that can be mitigated by using a dose of Lasix when you give the *cyclophosphamide*. We would give the *cyclophosphamide* anywhere from 3 days on to 4 days off to vice versa, 4 days on 3 days off every other day dosing kind of whatever it was we needed to do to keep things under control. And then there's a couple of different Chinese herbal formulas we would use there as well and standard processes immune support. So, Jamie, I would suggest getting all the information you can at this point.

Now, back to your question Mae. Because of the detailed nature of this sort of moving target if you will, this is where a consultation may be more useful. If things are just not working for you and Spirit, then that's when we need to get back on and have a conversation. If I can answer a question here and there on Ipet's Ally, I'm happy to do and that's part of what this is for, but if things are like there's too many moving pieces, that's when it's time to do another consult if that makes some sense for you. So, Jamie I hope that is helpful. I really feel that's just bad news. It's bad enough to get bad news but it's also terrifying to know that you waited so long to get the news so I hope this is going well and that Willie gets some help and feel better. Again, anything we can do to be of support, we're happy to do it.

One last question I've got is from Susan. She says it looks like she's going to be needing a good quality cold laser for the babies because Willie's getting her patella operated on. I guess she's got a luxating patella. This is the link that Susan sent over to. Honestly, for this one I have no idea. I mean, it's got a lot of ratings on it and so that helps you know. Again, take a look at the ratings on anything you look at amazon to make sure it makes sense to you. There aren't any good reviews since 2018 but again, it's in 2018. What I would suggest doing is going over to the one-star rating, and see if it is more recent. I hope that helps. It's like you got to look at what's working and what's not working and where the reviews are.

This is a product that Elsa Dora had suggested and I think I was used in getting quite good results. I'm not sure what their difference is between the human product and the veterinary product. Sometimes, it's just changing the name of it but that seemed to work well. The other one that I've

used for quite some time is the *vetrolaser*. It is not as inexpensive and it does work really well. Dr. Cayman includes quite a bit of information in that packet so I will put those links here for you. Check that out.

That's what I've got for you this week. We just launched our curcumin product and Jamie; this may be a better option for you as well as Willie. Right now, it is 15% off and we're running a contest to win 5 or 6 free bottles. There was an email that went out and we'll be sending that out again so go check that out. That's what I've got for you this week. Again, Jamie, I'm so sorry. Do keep us posted and let us know how things are going and what suggestions you get. We're so fortunate to be living in a time where we finally actually do have integrative oncologist that are like; well, this isn't working that great so what can we actually do that can bring comfort to this pet. So, here we go. Until next week. Give everybody a hug and a kiss for me. I hope we get you some really good news out of this really difficult time. Bye.