

## Ipet's Ally Q and A 8/17/20

Hello and Good morning! I'm Dr Ruth Roberts, your pets ally. I am glad you all are sending in some questions.

The first one is from Kathy and Kathy, I'm sorry it's a learning lesson but it is. So, what she asked is when she was getting ready to go back to Morocco and *Holistic Total Body Support* isn't available. She needed to leave and so she got this Dr. Marty product called *Pro Power* and here is what just burns me up with some of this stuff. So, *Pro Power Plus Dog Approved*, it's got everything you need. They are saying this is all for the digestive health and everything your pets need to optimize health and nowhere on this page can I find what the ingredients are. Here's a money – back guarantee which is really swell and what should I do? It has a dozen vitality charging ingredients but it still doesn't say. Finally, over here, here's the ingredients. These are all geared so these are all digestive enzymes up to *Bromelain* and then I find it interesting that he says these organisms or specific to dog health *Bacillus Coagulants*, *Lactobacillus Acidophilus*, *Bifidobacterium Lactose*, and *Lon gum* which are two separate species and then *Lactobacillus Plantarum* which are all human probiotics and you'll find them in the symbiotic as well. And then *Fructose Oligosaccharides* is a prebiotic. *Gum Acacia* is a prebiotic cellulose plant fiber which is basically a paper product is also a prebiotic and then we throw in the super foods; champagne, mushroom extract, kelp, and thallus powder which is different so *Ascophyllum Nodosum* is that species of kelp that helps to get the bacteria off of the teeth. This is really excellent marketing but it's not really clear about everything and no, this is not a supplement to balance your health. Now, there's 300 reviews of how marvelous this thing is. So, this review site I don't know if you all are familiar with what's really going on here but *Pet Loves Best*, the *10 Best Juicers*, the *7 Best*

*Vacuum Cleaners*, these are all review sites. Now, the deal is, is the way these folks make money is this buy it now special offers is an affiliate link and I will tell you that I use affiliate links too when I recommend products from Amazon. I use something called as an affiliate so what happened here in Dr. Marty's Website, it looks right but look here the canine codes, power plus, campaign UTM and if we go further out in this URL, here's affiliate AFF redirect so this person will get some percentage of the sale and I have to say there's nothing wrong with affiliate sales so long as people are super clear about what they're doing. Again, here's Dr. Marty's site. 1 you can get 3, you can get 6, all that good stuff and then here's that affiliate site and they're setting this up in a different way because they're trying to get you into this **Buy 3** package for the savings.

The other thing that Kathy mentioned is that this is a tiny jar, it's 2.2 ounces and the other thing this does not say is how many scoops are in a certain amount of scoops per dog per day and how big are the scoops so that's the other thing that's a little bit frustrating but the thing that's fascinating to me is that here's the label of the product but when Kathy sent to me the backside of the label, it doesn't even say here where are the ingredients, there's 285 calories and 4.17 kcal per scoop so you can do the math and figure out that there's something like 45 to 50 scoops in there just quickly doing it but this is just really bad labelling. So, Kathy, you know what it is. You can try this, it may or may not help with the number of prebiotics that are present in there, that may or may not be good. What they're trying to do with improving the breath is to use that kelp species which is helpful in getting the junk off of the teeth. So, if you can return it, I would return it though it's difficult to do in Morocco but it is what it is. There we go.

Lolly says that with the deception alone, it would make her return it because it may be cheap junk. Here's the other thing that is super frustrating, in outsourcing all of our production, we are almost every vitamin company is importing raw materials from China and it is impossible

to get away from it because we don't have that manufacturing capability. I hope that's helpful Kathy.

She is also asking about *Colloidal Silver* and generally, *Colloidal Silver* is considered to be a natural antibiotic, it is still an antibiotic so for that reason, I typically want to use it topically and not internally so if for instance, we've got goopy toes, we've got a wound on the outside, that's where I would use it because again, any antibiotic you use whether that is a prescription one or a natural one, it is going to wreak havoc in the gut so whether that's *Colloidal Silver* or *Olive Leaf Extract*, or *Oregano Oil*, or *Grapefruit Oil*, all of those are going to create issues and it is a metal so I tend to avoid it internally. So, Kathy, I hope that's helpful.

And Daisy had her ultrasound and it all looked the same which is good, So, homogeneity is a good thing in ultrasound and it looks like she had the right are to kind of shoot in that should have been able to see the gallbladder and what that would have looked like Kathy, a dark circle kind of in the middle of the liver and it can look really huge, it can look really small. If it's all dark, that means there's no gallbladder sludging, if there was kind of a gray stuff at the bottom of it, that means there is gallbladder sludging and so that's when it's appropriate to use *Ursodiol* so see if the *Ursodiol* helps to get rid some of that liver enzyme elevation. She looks very happy to see you.

And then Susie good to hear from you! And if you feel like the nausea is due to the various medications and supplement she's been on; she needs something to kind of settle her gut. *Dramamine* actually help with that but that's where things like *Pepsi AC* and things of that nature are a better idea. The other thing she's saying is that Goldie is actually eating a lot better now but it's not a balanced diet so the other thing that you may consider is kind of backing out everything except for the ones you think are critical and see if that changes things because if we sit there with

this soup of stuff for a long period of time, sometimes things shift in our body and we just don't need them anymore. For instance, I took really high doses of *Alpha Lipoic Acid* for a long time because my brain kind of needed some help getting back online and then 6 to 8 months later, I started dropping the dose down and realized that it's what's been making me feel nauseous. So, I would really re – visit what you're giving and back down to what you think are the absolute necessities to keep her comfortable at this point and then make everything earn its way back into her bowl so see if that helps and also there may be something that just doesn't taste good anymore that's why she's being so dicey with all of the rest of her food. And if she's only going for proteins, generally, that means that she just is super nauseous or there's something else going on that's just making her not want to eat. So, again, take everything out that you think is unnecessary. If you feel like you got good help from the *Gabapentin* as far as pain relief and improving your mobility do that if the *Nsuids* you feel really helped do that but take it all out and then make sure you add it back in and Susie this may be time where it's a good time for us to have another consultation and kind of work through what you've got and then make a plan to kind of take it out and then add it back in.

And again, because you all are Ipet's Ally members, we're offering consultations still at 100 bucks instead of 150 so if that so if that helps you, happy to jump on and get a call going with you. In other super exciting news, I think I have finally found a company that can help warehouse and ship our products so I will be able to ship internationally soon. It's going to take us a couple of weeks to get everything on boarded but that is going to make everybody's life easy so Kathy, don't lose hope, you know, I can always ship to your LA address if you've got somebody that can forward it to you in Morocco although I know that gets dodgy too. So, I hope all is well and that's

what I've got for you this week so until next Monday, take good care and give everybody a hug.

Thanks!