

Ipet's Ally Q and A 01/25/2021

Hey there! I'm Dr. Ruth Roberts, your pet's ally. I hope that you are all well. Before I forget, two bits of housekeeping; one is that tomorrow at 4 P.M mountain, we're doing the Ipet's Ally monthly Q and A - a zoom meeting, and I'm going to teach a technique that I learned from my friend Lisa. And probably, if you're doing reiki, this is nothing new to you, but it's something I'd like to give you all. Here is the zoom link so you can participate. I will post this to the group a little bit later because it's just not letting me copy it in the comments. But because this is a zoom call, it's a lot more interactive. We can all see and hear each other and all those good things.

The other thing is that Hanna is updating the CrockPet book, and she should be through many of the edits today. We'll review it one more time and then post it up on the CrockPet diet page, and hopefully, we will get our woes of the website issues behind us. So, let's pop over to the group.

Mae said she just got the turmeric product and asked if it is designed to be given with or without a meal. I think you can provide it, either way, Mae, but I think just for palatability's sake, I would give it with a meal just because it tends to disappear a little easier. Turmeric has a very intense taste, so that's the reason for the beef and the pork flavoring. Anyway, I'm excited to get your feedback about it. It reminds me, too, that we've got that contest going on until the 31st, where you can win a bottle of turmeric product, and it is 15% off until the end of the month as a whole.

So, Susan is asking what to feed a dog with chronic pancreatitis? It depends. Lower fat food is the answer. If your friend's pup is always having bouts of it and the pup is on the low – fat diet already, you can try another brand and see if it's better because it may be that there's something in there that's creating the issue like the cellulase and things of that nature. And Lolly has indeed been through the wringer. Now, with CrockPet, you would want to take down a couple of tablespoons of fat. The interesting thing is that for a dog with a bout of pancreatitis and has never looked back, the diet needs to be lower in fat, but it doesn't need to be this low because some health issues can happen in low-fat diets over time.

Now, the problem is that we don't know precisely how low it needs to be, so the internists say that it needs to be lower than it used to be. Now, the CrockPet's at about 30% fat. Does it need

to be at 25% fat, or does it need to be at 22% fat? And unfortunately, for the dogs that have recovered, you have to try it and gradually go from there. Susan, I hope that is helpful.

The other thing with chronic pancreatitis is that it is not necessarily associated with fat but often can be related to stress. Everybody in the United States that lives in a relatively dense urban area is stressed to the gills right now because covid is just making life extremely difficult and stressful and all of those things. I would suggest asking your friend to kind of check-in with herself and see what her general stress level is. The other thing that you can do is use probiotics and omega-3 fatty acids to help reduce anxiety levels and adaptable diffusers. I mean, there are several things, but this is where you have got to kind of hone in on what the problem is. Is it just pancreatitis, or is there some level of anxiety going on? I frequently saw this in guide dogs for the blind as they got older because their job is too high in stress, and their joints would create problems. We had multiple dogs that had to retire because of G.I issues due to their jobs' stress level, so check that out too.

Sri is asking about the CBD and CBDA. So, as Angela Ardolino told me, if CBD and CBDA are in coconut oil or MCT oil, more importantly, it has excellent bioavailability directly from the gums. So, this is interesting because it makes me think that Cece's ability to absorb food is impaired as well, Sri. If it's getting in there better by oral absorption, then definitely do that. That's bizarre. The other thing to think of now that she's absorbing the CBD and CBDA is how she is doing with it at that half dose? Do you see an improvement in her symptoms, or is it worsening? Because we all have a different level of receptors, and as I said for me, 1 milligram of CBD will put me in my butt for about 36 hours and like I took morphine or something of that nature. Let's see how that does for you.

Kathy, I think that you may want to give it another week to 2 weeks. The other thing is that you may need to go to a higher dose, so give it a full week at that current dose and then try bumping it up another 2 to 4 milligrams per day. And coconut oil can be a big problem, unfortunately.

Jamie, it's probably getting there via the tongue, so it's getting absorbed by the mucous membranes both in the oral cavity and in the esophagus. Just for different sake, you could try giving it on the gums or the Penna, so that's another option there as well. And Jamie, I'm sorry. I know you're having a heck of a time getting appointments set – up for Willie, but if it's really going to be February 17th and things are going sideways on you, I would look at maybe getting in with

the conventional oncologist a little bit sooner just to kind of get things to chill down. I hope you guys get some answers and get some more information on the tests.

Let me make sure I didn't miss any on my question sheet because I still do. All right! I think that's it for today. As I said, I'm going to put the link for the Ipet's Ally Ultimate call into the comments here on the Facebook group. What I want to teach you guys is how to direct energy flow to kind of clear things. I've been working with my friend Lisa Douthit and learning how to do that myself for my pets. It does seem to help tremendously because we get energy stuck in us; they get energy stuck in them because they're helping us out too.

Again, for any of you that have pets with SIBO or that I've discussed with you about SIBO, please let me know. There's another manual technique to help reset the ileocecal valve that I learned for myself. I'm sorry, Kathy. Where did I miss your question? Anyway, it's a technique I want to see if we can adapt to pets. And Kathy, I'm so sorry. Let's see if I can find your question.

I don't see your question, Kathy. What was it that you were asking about? Was it about adjusting the CBD dose? If it's not, let me know what it is. There's Mae, there's Susan's, there's Sri's, and there's saying about the CBD, so tell me what your question is. I'm sorry I cannot find it here.

Now, eating grass is perhaps associated with mineral deficiency. So, there's a couple of things going on with that. I think that is possibly a mineral deficiency, and I know you're using FidoSpore, which includes that probiotic organism – pediococcus found on the grass. Often, what you can do is double the volume of either Holistic Total Body Support or think you're going to be using the two a day. So, I would use a double for about a week and see if it doesn't stop the issues with the grass eating.

Oh! Jamie, they said the salve that you got might help tremendously as far as getting things under control. Let me know how the ozone oil is doing as well. Here's your thing, Kathy. So, when you get that two a day, try doubling it up for about a week and then see if that takes care of things. Well, you posted it an hour ago, so I think that's why I missed it. Anyway, I would stop the FidoSpore if there's a defatted beef liver. Let's see. So, Glacier Peaks is one of the Adored Beast's products. And this is not going to be a complete multivitamin supplement. I cannot find the label. So, Kathy, I think that may help, but that's expensive too. That may help as far as minerals, but

that is not a complete multivitamin even though it says it. Let's see. These are a bit low as far as b – vitamins and so what we talked about was the two a day multivitamin, and Hanna was supposed to get back to you about that.

I'm sorry we don't have a level where we need to get back up here. So, these are in micrograms, and these are in milligrams. I think this is not going quite to get you there. So, I will look at those two a day, and Hanna will get you that information. I apologize she has not done that already. But even the b-12, so .22 micrograms, and here is 3 - micrograms, so you're at roughly 30% too low. This may be a useful supplement in addition to what you're doing with the minerals, but I don't think this is sufficient to balance a diet.

Let's see if I didn't miss anything else. Well, mega mucosa is expensive, but it works differently. It works on supplying immunoglobulins and specific amino acids to help repair the gut. If you want a cheaper way to approach that, something like this, though, I'm not sure that this will do much for healing the gut other than providing the minerals that you're looking for. But the other thing that you would want to look at is at least a product with the slippery elm, so the Heartburn TX would be a better approach because it's going to work on healing the gut in specific. The difference between this and mega mucosa is that this provides more things like slippery elm and things of that nature, making it a better option. We do still have a few of these in stock. Still, these are the specific products that you would want to look at for gut healing – glutamine, glycine in glucosamine, diglyceride, licorice, and then aloe vera, and that's the problem that slippery elm is an issue. Still, this one does not have it, so that's another potential you can use right there.

This one's good. I feel that the mega mucosa is probably better. It is expensive, no two ways about it, but I would check this out. Again, we have 2 or 3 left in stock of these that we're trying to sell through, so we can do a deal on that. And then for this bump, which is very strange, what I would suggest doing is take a drop of that CBD and put it on top of there. L – glutamine is helpful as well, so that's something else you could use. Again, the broader spectrum you go, the glycerin and the de-glycerized licorice, is tremendously helpful. This may be a pimple, and she's starting to clear something from her system. You can do a couple of things; one is Epsom salt to help bring things up to ahead, and then the second would be to apply a drop of CBD oil to help get it back under control. If it is a pimple or like a papilloma, or something of that nature, what should happen is that nay guck that's stuck in there should come out. So, with glutamine, you can certainly

use that. You're going to want to go for something in the neighborhood of like 250 to 500 milligrams 1 to 2 times a day. Aloe vera is another one. Acetyl glucosamine, glycine, all of those are good things to help heal the gut. I hope that's helpful, Kathy.

I think that's pretty much it. So, what else can I help you all with today? All right! That's what I have for you today, so hopefully, that has everybody all good to go. The short answer to your questions is, I think Kathy, you need a multivitamin and mineral that will keep the diet complete and balanced and then also something to help seal the gut off. Whether you do that with multimodal products like the mega mucosa or the heartburn TX or whether you use l – glutamine, it may or may not be sufficient to do it. You're going to need to take that approach, unfortunately, a couple of different supplements. I hope that's great. You guys take care. I will put the link for tomorrow at 4 P.M down hereat the Facebook group. Take good care!